What is claimed is:

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- 1. A bandage comprising:
- a first layer of gel, said first layer having a skin contacting surface and an adhesion surface opposite said skin contacting surface; and

a second layer of carrier, said second layer having an outer surface and an adhesion surface, said adhesion surface of said second layer bonded to said adhesion surface of said first layer to form a continuous two-ply composition, said carrier being elastic and supportive.

- 2. The bandage of claim 1 wherein said gel is silicone gel.
- 15 3. The bandage of claim 1 wherein said carrier has an elastic modulus of about 50%.
- The bandage of claim 1, wherein said carrier is the loop portion of a hook and loop fastener, said loop portion
 having a loop surface and an opposite surface wherein said

opposite surface of said loop portion is the adhesion surface.

- 5. The bandage of claim 4 further comprising a closure strip for removably securing the bandage around a part of the body, said closure strip being the hook portion of a hook and loop fastener.
- 6. A method for providing musculo-skeletal support comprising:

wrapping a bandage around a portion of the body to be treated, said bandage having a first gel layer contacting said skin and a second layer carrier bonded to said first layer, said second layer carrier being both rigid and elastic;

stretching said bandage around said portion of the body; and securing said bandage in a closed position with a closure

strip.

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- 7. The method according to claim 6, wherein said gel is silicone gel.
- 8. The method according to claim 6, wherein said carrier 5 is a loop portion of a hook and loop fastener.
 - 9. The method according to claim 6, wherein said carrier is elastic having a modulus of elasticity of about 50%.
- 10 10. The method according to claim 6, wherein said closure strip is a hook portion of said hook and loop fastener.
- 11. A method for providing skin treatment comprising:

 wrapping a bandage around a portion of the body having

 skin to be treated, said bandage having a first gel layer

 contacting said skin and a second layer carrier bonded to

 said first layer, said second layer carrier being both

 rigid and elastic;

stretching said bandage around said portion of the 20 body; and

securing said bandage in a closed position with a closure strip.

- 12. The method according to claim 11, wherein said gel is5 silicone gel.
 - 13. The method according to claim 11, wherein said carrier is a loop portion of a hook and loop fastener.
- 10 14. The method according to claim 11, wherein said carrier is elastic having a modulus of elasticity of about 50%.
 - 15. The method according to claim 11, wherein said closure strip is a hook portion of said hook and loop fastener.

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- 16. A method of manufacturing a bandage comprising: mixing an uncured gel compound; pouring said compound onto a flat surface; settling said compound to a consistent thickness;
- 20 placing a clean and dry carrier layer of a loop portion of a hook and loop fastener having a loop surface

and an adhesion surface onto said compound such that the adhesion surface is in contact with the compound;

curing said compound and carrier at a temperature of about 100 to 180 degrees centigrade.

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- 17. The method according to claim 16, wherein said gel is silicone gel.
- 18. The method according to claim 16, wherein said carrier is rigid and elastic.
 - 19. The method according to claim 16, wherein said carrier layer is elastic having a modulus of elasticity of about 50%.

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20. A method for protecting the skin comprising:

wrapping a bandage around an area of skin to be treated, said bandage having a first gel layer contacting said skin and a second layer carrier bonded to said first

20 layer, said second layer carrier being both rigid and elastic:

stretching said bandage around said area of skin; and securing said bandage in a closed position with a closure strip.

5 21. A method of manufacturing a bandage comprising:

creating a bath of an uncured gel compound having a top surface;

unrolling onto said uncured gel a clean and dry
carrier layer of a loop portion of a hook and loop fastener
having a loop surface and an adhesion surface such that
said adhesion surface bonds with a layer of said compound;
and,

curing said gel compound.

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15 22. A method of manufacturing a bandage comprising: creating a bath of an uncured gel compound having a top surface;

unrolling onto said uncured gel a clean and dry
carrier layer of a loop portion of a hook and loop fastener
having a loop surface and an adhesion surface such that

said adhesion surface bonds with a layer of said compound; and,

curing said gel compound at a temperature of about 100 to 180 degrees centigrade by passing said carrier and bonded gel through an oven.

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- 23. The method according to claim 22, further comprising the step of rolling up said cured gel and carrier
- 10 24. The method according to claim 22, further comprising the step of cutting the cured gel and carrier into desired shapes.
 - 25. A method of manufacturing a bandage comprising:
- 15 creating a river of a clean and dry carrier layer of a loop portion of a hook and loop fastener having a loop surface and an adhesion surface;

depositing onto said adhesion surface an uncured gel compound;

20 passing said carrier and compound into an oven, and curing at about 100 to 180 degrees centigrade.

- 26. The method according to claim 25, further comprising the step of rolling up said cured gel and carrier.
- 5 27. The method according to claim 25, further comprising the step of cutting the cured gel and carrier into desired shapes.